Dear Parents & Friends,

**Beach Day**
What a great day we had last Friday at Canadian Bay Beach. The mild temperatures and cloud cover made the conditions ideal for our exploration of the rock pools. The kids really enjoy this day each year and it is fantastic to see the older students within the school looking after our younger kids. We had some very positive comments from the general public about the behaviour of our students. All classes are busy undertaking follow up activities in the classroom this week. Many thanks to the parents/guardians who joined us on the beach to enjoy the fun and helped out with the distribution of the icy poles once we returned to school.

**School Council Elections**
School councils play a key role in Victorian government schools. Participating as a school council member is a rewarding and challenging experience. The school council supports the principal to provide the best possible educational outcomes for students across the school. As per DEECD guidelines, the Notice of Election and call for nominations were posted around the school on Monday 17/2/2014. The closing date for nominations is Monday 24/2/2014 at 4pm. Nomination forms are available at the school office.

**Student accident insurance/Ambulance cover arrangements and private property brought to school**
We would like to advise parents/guardians that the Department does not provide personal accident insurance or ambulance cover for students. Parents/guardians of students, who do not have student accident insurance/ambulance cover, are responsible for paying the cost of medical treatment for injured students, including the cost of ambulance attendance / transport and any other transport costs.

Parents/guardians can purchase insurance policies from commercial insurers. The Department cannot advise parents/guardians on whether to purchase a student accident policy/ambulance cover, or which policy to purchase. It is recommended that you seek assistance in this matter with your insurance broker or find a suitable personal accident insurer in the Yellow Pages or online.

Personal property is often brought to school by students, staff and visitors. This can include mobile phones, calculators, toys, sporting equipment and cars parked on school premises. As the Department does not hold insurance for personal property brought to schools and has no capacity to pay for any loss or damage to such property students and staff are discouraged from bringing any unnecessary or particularly valuable items to school.
Curriculum Overviews
Our Term 1 Curriculum Overviews have been sent home tonight with the Newsletter. These overviews provide parents/guardians with an idea of the curriculum that will be covered during the term.

Parent/Teacher Interviews
This week we are conducting Parent/Teacher Interviews across the school. The purpose of these interviews is for parents/guardians to pass on relevant information to 2104 classroom teachers. Given that it is so early in the year, it would be inappropriate to discuss student progress since the end of the 2013 school year. We have been pleased with the response rate so far. Teachers find these interviews to be very valuable and they appreciate you making the time to participate in the conversation with them.

Homework Policy
On Page 3 of the newsletter this week, we have included a copy of the school’s Homework Policy that has been approved by School Council. This gives parents/guardians information in regard to homework expectations across the school for the 2014 school year. These policies are reviewed every three years by School Council.

Student Leaders
On Friday February 21st, our Student Leadership Team will presented with their badges at a special assembly to be held in the school hall just after 9am. Mr Bruce Billson, the Federal Member for Dunkley, will be attending the assembly to present the badges to the student leaders. We are all looking forward to this event.

PFA Annual General Meeting
The PFA will be holding its Annual General Meeting on Thursday March 6th in the PFA Room. At this meeting, Office Bearers for the 2014 school year will be elected. Please feel free to attend the meeting.

Until next time,
Brian McFall
Principal
HOMEWORK POLICY

Rationale:
- Homework benefits students by complementing classroom learning, fostering good study habits and providing an opportunity for students to be responsible for their own learning.

Aims:
- To support and extend classroom learning.
- To develop positive study habits.
- To develop a responsibility for self-learning.

Implementation:
- The school’s homework policy will be distributed to parents at the commencement of each school year.
- Year 3-6 students will be allocated homework diaries.
- Classroom teachers will set homework appropriate to each child’s skill level and age.
- Homework activities should be interesting, challenging and where appropriate, open-ended.
- Each set task must be purposeful, meaningful and relevant to the current classroom curriculum.
- All homework activities must be assessed with feedback and support provided by teachers.

Year Prep – 2
Homework will consist mainly of:
- reading activities to, with and by parents.
- simple extension tasks associated with classroom activities.
- gathering of additional information or materials
Homework will generally not exceed 30 minutes per day and will not be set on weekends or during holiday periods.

Year 3 – 6
Homework will consist mainly of:
- independent reading on a daily basis.
- tasks such as continuation of classroom work, projects and assignments, essays and research.
Homework will generally not exceed 45 minutes per day.

- It is acceptable for teachers to assign unfinished classroom activities as additional homework tasks.

Evaluation:
- This policy will be reviewed as part of the school’s three-year review cycle.

This policy was last ratified by School Council in February 2012.

With parenting, no ‘one size fits all’, so when the question is asked, ‘What should I do?’ or ‘What is the best way to raise my child?’ there can be no definite solution and no magic wand to provide the answers. Michael Grose in Parentingideas has written an article based on research in the United Kingdom which shows that children need boundaries and discipline at home to enable them to function successfully later in life. The article below makes for interesting reading and may provide you with some strategies to consider.

**Kids Shine with Tough Love Parenting**

...research suggests that if parents want kids to develop the characteristics to succeed, then they should use authoritative or tough love parenting. Children with parents that use a tough love parenting approach are best prepared to do well in life, according to a recent British study.

Kids that experience a mix of discipline and warmth are more likely to develop important character traits, such as self-regulation, empathy and application by the age of five than parents that use permissive, authoritarian or disengaged styles.

The Millennium Cohort Study involving 9,000 UK households, found that while family structure and parent income levels impacted on children’s development, it was parenting style that had the greatest influence on outcomes for kids.

An analysis of school results is revealing. One quarter of kids with authoritative parents were in the top 20 per cent at school. Next came permissive parenting with 18 per cent, 15 for authoritarian and 11 per cent of this top cohort going to kids of disengaged parents.

Parenting style is not necessarily fixed. It changes over time according to children’s needs, our well-being and their ages. Common sense suggests parents need to be stricter with some children than with others and there will be times when parents need to adopt a more permissive approach.

Certainly parental mood and well-being contributes to how parents respond to kids. But most parents will default to one style. Recent research suggests that if parents want kids to develop the characteristics to succeed, then they should default to authoritative or tough love parenting.

**Here are 10 tough love parenting strategies to use in your family:**

1. **Set limits and boundaries** that expand as kids get older and become more capable. Boundaries make kids feel secure and teach them how to behave well.
2. **Use a negotiable style** with children according to their age and stage of development. Parents also need to realise that not everything is up for negotiation. There are times when the word ‘no’ needs to be heard as parents act in the best interest of their kids.
3. **Use consequences** and other tools to teach kids to behave well and develop a sense of personal responsibility. Resist the temptation to let kids off the hook when they do the wrong thing. Firm, but fair, is the key here.
4. **Put family rituals**, such as shared mealtimes, in place to make sure you interact regularly with your kids.
5. **Praise** kids for improvement, effort and contribution rather than their ability at school, in sport and other areas of their lives. Focus your positive comments on their participation rather than the results of what they do so kids learn that trying and persistence are important.
6. **Recognise cooperative behaviours** with positive attention such as praise, physical touch...
and rewards and **minimise negative behaviours** through a range of measures such as ignoring and using consequences.

7. Teach kids the skills needed for **independence** from an early age so they learn to look after themselves. Avoid regularly doing things for kids that they can do for themselves.

8. Adopt an **open communication style** in your family where kids learn that there’s nothing so bad that they can’t talk about it.

9. Encourage a sense of **empathy** in children by recognising their emotions and giving them permission and assistance to talk about their feelings.

10. Encourage **generosity and kindness** in your kids. They do this by sharing toys and other items, helping others and doing chores that benefit their family. This sense of community that authoritative parenting promotes is the real strength of the style.

At a time when a parent’s voice can be drowned out by the din of modern life, this research is a great reminder that it’s effective parenting not media, celebrities or peers that have the greatest impact on future outcomes for kids.

Please remember my door is always open if you have any queries or concerns.

Barb Heeney – Student Wellbeing Manager

---

**F.E.P.S. UNIFORM SHOP**

Trading times for our uniform shop are as follows:

- **Tuesday** 8:45am to 9:15am
- **Friday** 8:45am to 9:15am

---

**Happy Birthday**

<table>
<thead>
<tr>
<th>Date</th>
<th>Name</th>
<th>Class</th>
</tr>
</thead>
<tbody>
<tr>
<td>Feb. 21st</td>
<td>Ryan H.</td>
<td>P/1M</td>
</tr>
<tr>
<td></td>
<td>Mer M.</td>
<td>P/1S</td>
</tr>
<tr>
<td></td>
<td>Lakynn W.</td>
<td>3/4B</td>
</tr>
</tbody>
</table>

---

**FRANKSTON EAST FALCONS BASKETBALL CLUB**

Is your child interested in playing Basketball—Boys and Girls are welcome. If your child was born between 2006/2007 they can begin to play. Falcons Basketball Club is currently looking for Year 1 to Year 2 players who may be interested. Training is held on school premises, it’s a fun way to stay fit and the added excitement of play at Frankston Basketball Stadium. For all enquiries please contact: Deb on 0423 901 991 or email dukendaisy@hotmail.com  

Basketball is for everyone….
I carried the food tub down the stairs and my fingers were bright red. Sarah J
The water was shining and the sand felt warm on my feet. Hannah M
When we got there the flies were everywhere and they were annoying. Ky R
I found a sea star and it was blue and spotty. Lani S
I lifted up the green crab by its sides and said it was a boy because it had a triangle on its belly. Matilda F
I had to walk very weirdly so I could get all the sand off my shoe. Carla A
Community Corner

### Bay Views Newsletter

**Bay Views Newsletter**

Phone: 03 9789 9552
Fax: 03 9789 0134
Email: frankston.east.ps@edumail.vic.gov.au
Web: www.frankstoneastps.vic.edu.au

---

**Community Corner**

**Miss Karla’s School of Dance**

Classes in Ballet, Tap & Jazz
Kinder ballet S7, Ballet S8, Tap & Jazz S9
Mornington or Seaford
Karla Jones
Cossack & ISTD Qualified
NEW NUMBER IN 2014
03 9532 9097

---

**FRANKSTON FREE MILO T20 BLAST COME & TRY**

**COME ALONG AND TRY CRICKET AUSTRALIA’S NEW ENTRY LEVEL FORMAT FOR KIDS**

**THIS WEDNESDAY THE 19TH OF FEBRUARY 4.30 – 5.45PM**

**WHERE: Baden Powell Junior Cricket Club Overport Park Frankston**

With music, colour and families everywhere this will be the perfect opportunity to smash some sixes and take some wickets just like you Big Bash heroes and further your skill set with an optional follow up term 1 program for girls & boys aged roughly 7-12 years old.

Week two of the program will have player visits from the Melbourne Stars along with Starman and some of our State Vic Spirit Girls.

To register for the entire program or for more information visit [http://www.t20blast.com.au/](http://www.t20blast.com.au/) or just come down on the night and have a FREE try.
Frankston East Primary School
Mission Statement

To provide outstanding learning and welfare programs that meet the current and future needs and aspirations of our students.

Outcomes

To foster responsible citizenship and create a love for lifelong learning.
To foster the development of self-esteem and resilience.

Values

Caring  Fairness  Sharing
Enjoyment  Enthusiasm  Passion
Tolerance  Respect  Honesty  Integrity
Innovation  Flexibility  Vision
Harmony
Honour and Truth

Behaviours

At Frankston East Primary School:

❖ everyone has the right to enjoy learning in a safe and caring environment.
❖ everyone has the right to be treated with tolerance, sensitivity, respect and honesty.
❖ we accept individual differences in every way and celebrate these.
❖ we are committed to teaching, learning and working together as a community.
❖ we have the ability to respond and adapt to a changing society.
❖ we believe that fun is part of learning.