Phone: 03 9789 9552 Email: frankston.east.ps@education.vic.gov.au

AUSSIE OF THE MONTH

FLETCHER C



Fletcher is the winner of Aussie of the Month, as he embodies the spirit of kindness, inclusivity, and respect. Fletcher always ensures that everyone around him feels welcome and supported. His dedication to promoting fairness and mutual respect shines through in every interaction, creating a positive environment for everyone around him. Fletcher's compassionate behaviour serves as an example to his peers of what it means to act with kindness and consideration. His quiet leadership, focused on inclusion and encouragement, has made a real difference to our class and school, and he truly embodies the values that the **Aussie of the Month** award stands for.

Important Dates

Wed 19/02 No school - Preps

Mon 24/02 Leadership Badge Presentation

Wed 26/02 No school - Preps

Fri 28/02 Choc Top Day

Thur 06/03 Wheeltalk 5/6

Mon 10/03 Labour Day - Public Holiday

Tue 11/03 Pupil Free Day - No School

Wed 12/03 - Fri14/03 NAPLAN 3's & 5's

Mon 17/03 - Fri 04/04 Smile Squad

Mon 17/03 - Fri 21/03 Harmony Week

Fri 21/03 Harmony Day

Fri 21/03 CARP Incursion P-2

Wed 02/04 District Athletics

(Selected Students only)

Principal's Message

Dear Parents and Carers.

Welcome to the start of another exciting year at FEPS. As we embark on this journey together, I would like to take a moment to reflect on our core values: kindness, respect, and integrity. These values are the foundation of everything we do here at school, and they shape the learning environment we strive to create for all our students. It's a joy to witness our students embody these principles as they engage with their peers, teachers, and the broader school community.

As we continue to build on this foundation, our primary focus this year remains on best-practice teaching in the areas of literacy and numeracy. We understand that these are essential skills that empower our students, opening up a world of possibilities for their future. Our dedicated teaching staff are committed to refining their practices to ensure every child reaches their full potential, and we continue to make improvements to our programs and resources to support their growth.

We also recognize the importance of strong partnerships between school and home. This year, we are eager to continue working closely with you, our school community. There will be several opportunities for parents and carers to engage with us at various events, where we can come together to share ideas, experiences, and feedback. One key event to mark on your calendars is our School Community Dinner on March 18th. More details will be shared soon, but we would love for you to join us to discuss what we are doing well, areas for improvement, and opportunities for the future. Your input is invaluable in shaping the direction of our school. In the spirit of fostering resilience in our young people, I'd also like to share some practical tips for parents to help their children navigate challenges and build inner strength:

Tips for Parents to Boost Resilience in Children

Focus on the behaviour, not the person

It's important to address the behaviour as the problem, not the individual. For example, "Jimmy is bullying you..

That behaviour is not okay," rather than labeling Jimmy as a bully. This helps children understand that behaviour can change, and it's not about defining someone's identity based on their actions.

Be curious

Asking questions and encouraging curiosity helps young people recognize that bullying isn't their fault. For example, "I wonder what's going on for that person that they would act that way. Why do you think they are behaving like that towards others?" This allows children to think critically about the situation and not internalize the behaviour.

Have a sense of humour

A little humour can be a powerful tool to empower children and help them regain personal control. For example, "Oh, what a compliment to be called a dog! Our dog Lucy is literally my favourite person in the world; we could all afford to be a bit more like her!" This approach helps children not take insults to heart and shift the narrative in a positive direction.

Empower by exploring options and outcomes

Instead of focusing on retribution, involve your child in problem-solving. Ask, "What would you like to happen? What's the best way to get the outcome we want?" This empowers children to make decisions and handle conflicts constructively.

Show compassion and be the bigger person

It's important to model empathy and encourage children to respond with compassion. For example, "It must be hard to feel like the only way you can build up your self-confidence is by bringing others down. It's important we role model good behaviour, rather than resorting to insulting them back..." Helping young people see the value in responding thoughtfully and kindly fosters long-term resilience.

I hope these tips provide some useful strategies to support your child's growth in resilience. At Frankston East Primary School, we are committed to providing the tools and support your child needs to thrive both academically and emotionally.

We look forward to seeing you at our upcoming events and working together to make this year a great success for all our students. Please stay tuned for more information about the School Community Dinner on March 18th. We can't wait to hear your thoughts and ideas!

Thank you for your continued support. Warm regards,

Warren Bull

MaBW Principal

Student of the Week

Monday 24th February

PM Charlie F

For being a great classroom helper.

PI/W Scarlet C

For your enthusiasm & persistence during class tennis.

I/2B Minnie A

For consistently showing kindness and integrity inside & outside the classroom.

I/2J Kiarah G

For continually putting in effort in all class tasks.. Showing dedication & always having a positive attitude toward learning.

3/4C Emma H

For your wonderful narrative writing!

3/4M Cerin

For her positive attitude towards learning in all areas.

5/6A Malaikah A

For consistently showing the school values & being a positive member of 56A.

5/6R Romeo P

For outstanding contribution to daily reviews.

Student Birthdays

February 21st

John J

February 23rd

Elias P

February 24th

Harry H

34C PIW

56A

Student Attendance

Percentage of students at school 89.7 % Percentage of students on time 90.4%



1/2 B

HATS



All students must wear their hats during recess, lunch and all outdoor activities from now until 1st of May



LEADERSHIP 2025

FEPS SCHOOL CAPTAINS 2025

Emily D & Ruby A

Senior Leadership Team

Administration - Evie S & Maddison F
Curriculum - Ruby B & Samuel F
Inclusion - Finley M & Darcy B
Prep Support - Alexis H & Ashley C
Sport - Noor T & Ollie Mc

Junior School Council

I/2 B - Minnie AI/2 J - Gemma D3/4 C - Annabeth C & Teya S

3/4 M - Leon C & Harley F

5/6 A - Raven V & Alexis H

5/6 R - Manaia K & Cooper H

Class Environmental

Representatives

PM - Neveah F & Nick L

P/I W - Elon C & Elias P

1/2 B - Robin M & Brook S

I/2 J - Ella K & Porsha K

3/4 C - Flic C & John J

3/4 M - Amelia B & Izabella C

5/6 A - Malaikah A & Oliver P

5/6 R - Lexi C & Evie S

5/6 CLASS NEWS







WATER SAFETY PROGRAM - PARC

Last Friday the 7th of February, the 5/6's attended their first excursion of the year at PARC. This excursion is to educate students about Water Safety. Students completed activities such as rescues and DRSABCD.

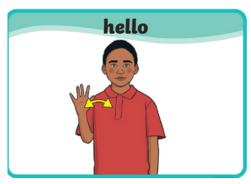
They used various equipment and trialled lots of new methods for how to be safe around water. It was a wonderful experience to start our 2025 school year together.

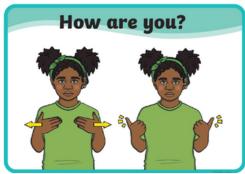






AUSLAN





Dear Parents and Carers.

as part of our Language Other Than English (LOTE) program, your child/children will be learning Auslan (Australian Sign Language) this year.

I am excited to share their progress with you, and I will keep you updated through our newsletters on what we are currently focusing on.

For example, our Prep to Grade 6 students are currently learning animal names, and they are thoroughly enjoying the lessons, participating with great enthusiasm.

In addition, our Grades I to 6 students are working on learning the alphabet and practicing finger spelling. It's truly exciting to see the rate at which they are picking up these new skills!

Thank you for your continued support as we introduce this valuable language to the students. We look forward to watching their skills develop throughout the year!

I have attached a couple of examples for you to share with your child.

Additionally, please feel free to drop into the Auslan Room (opposite Grade 5/6) at any time to have a look around and ask any questions you may have. I will be there Monday and Tuesdays.

Kind Regards,

Karen McDonald Auslan Teacher





FEPS CLUBS

MONDAY

Breakfast Club
(Baked Beans and Toast)

When: 8:15 - 8:45Where: In the cafe

Choir Club (Grades 3 - 6)

When: The first half of lunchtime Where: In the music room

Dress Up Club (Prep - 2)

When: The second half of lunchtime Where: In the BER

TUESDAY

Running Club

When: 8:40 - 8:55

Percussion Club (Grades 3 - 6)

When: The first half of lunchtime Where: In the music room

Fitness Club (Prep - Grade 4)

When: The second half of lunchtime
Where: On the basketball court or
the oval

WEDNESDAY

Breakfast Club (French Toast)

When: 8:15 - 8:45Where: In the cafe

Boardgames Club

When: The second half of lunchtime Where: In the Wellbeing Office

Fitness Club (5/6)

When: The second half of lunchtime
Where: On the basketball court or
the oval

THURSDAY

Mindfulness Club

When: The second half of lunchtime
Where: In the library

FRIDAY

Breakfast Club – (Pancakes)

When: 8:15 - 8:45Where: In the cafe

Lego Club

When: The second half of lunchtime Where: In the Wellbeing Office

LOCAL COMMUNITY

The Smile Squad free school Dental program is coming to our school

Dear Frankston East P.S families,

The Smile Squad team from Peninsula Health are coming to our school soon.

Smile Squad is the Victorian Government free school dental program.

This means ALL students can get a free dental check-up, preventive services, and treatment at school.

How to access free dental care

We need your consent before we can provide services. Consent is usually provided by a parent or guardian.

Sign up to Smile Squad at: https://bit.ly/smilesquadvic OR use the below OR code:



Please complete and submit the consent form by 28th March 2025





LAUGHTER FITNESS

Scout Hall

12R Bursaria Crescent

Nth Frankston

Tuesdays 11am - 12pm

Feb 4th to April 1st

April 22nd to July 1st

July 22nd to Sept 16th

Oct 7th to Dec 16th

Cost \$5

Bring a water bottle

Mind and Body Wellness.

Fun movement with laughter and relaxation.

https://www.facebook.com/LaughwithNat

COMMUNITY

Our Purpose:

To provide the Frankston East Community with a friendly and dynamic learning environment that engages students who work to achieve their personal best in an atmosphere of mutual respect and cooperation.

Frankston East Primary School promotes itself as 'An established school with 21st century teaching and learning practices, based on values of integrity, respect and kindness'

Our commitment to child safety

Frankston East Primary School is committed to child safety. We want children to be safe, happy and empowered. We support and respect all children, as well as our staff and volunteers. We are committed to the safety, participation and empowerment of all children.

We have zero tolerance of child abuse, and all allegations and safety concerns will be treated very seriously and consistently with our robust policies and procedures. We have legal and moral obligations to contact authorities when we are worried about a child's safety, which we follow rigorously.

Our school is committed to preventing child abuse and identifying risks early, and removing and reducing these risks. Our school has robust human resources and recruitment practices for all staff and volunteers. Our school is committed to regularly training and educating our staff and volunteers on child abuse risks.

We are committed to the cultural safety of Aboriginal children, the cultural safety of children from a culturally and/or linguistically diverse backgrounds, and to providing a safe environment for children with a disability.

We have specific policies, procedures and training in place that support our leadership team, staff and volunteers to achieve these commitments. If you believe a child is at immediate risk of abuse phone 000.

Find us on Socials





